



Southern Nevada

| Program | Description | Phone Number |
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| Beyond Recreation | Recreational opportunities for youth of all abilities aged 7-21. Participants will enjoy a different recreation experience every week including community outings, sports, games, arts and crafts, swimming, movies, friends, and all-around fun. | 702-229-4903 |
| Stepping Stone | Social group for teens with developmental disabilities. The program encourages participants to step outside of their comfort zone and experience growth through personal challenge in a fun, safe and supportive environment. Activities include rock climbing, skiing, hiking, paddle boarding, and more. | 702-229-4903 |
| Stepping Stone Inclusive | Spin-off of the original Stepping Stone program that provides inclusive adventure recreation-based experiences for teenagers with disabilities and their peers. Programs will accept both teenagers with and without disabilities. | 702-229-4903 |
| Paralympic Sports Club | Program designed for children and adults with physical disabilities offering sports training and competitions throughout southern Nevada. | 702-229-4796 |
| Vegas Vision | Individuals ages 7 and up with visual impairments may participate in a variety of activities, including tandem bike rides, goal ball, swimming, rock climbing, fishing, and special outings. | 702-229-4904 |
| Golf | Golf is a seasonal golf program for individuals of all abilities who would like to attain the knowledge and understanding of basic mechanics in the golf swing. Participants can learn the game, improve strength and skills, and gain self-confidence. | 702-229-4904 |

Inclusive Recreation Programs



| Program | Description | Phone Number |
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| City of Henderson Therapeutic Recreation and Inclusion Services | Year-round classes and field trips including: Adaptive Splash, Adaptive Fitness, Skateboarding 101, Beginning Archery, Mount Charleston Sledding, Spring Fling Dance, Opera Camp, and more. More information at http://www.cityofhenderson.com/henderson-happenings/program-and-classes/overview | 702-267-4065 |
| On the Go | Community-based recreation program for adults of varying abilities wishing to meet new friends through recreation and independent living activities. Ages 22 & up (or have graduated from high school). From 2:00 PM-5:30 PM, Monday through Friday, \$11 per day, and respite care is accepted. Located at Henderson Multigenerational Center, Valley View Recreation Center and Whitney Ranch Recreation Center. | 702-267-4065 |
| Rec and Roll | Program provides opportunities for young adults with disabilities to explore their recreational interests in a structured environment as well as develop the skills needed for independence. Grades 9-12 (or up to 21 years of age). 1:30 PM-5:30 PM, Monday through Friday, \$11 per day, and respite care is accepted. Located at Henderson Multigenerational Center and Valley View Recreation Center. | 702-267-4065 |

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| Program | Description | Phone Number |
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| City of Reno Adaptive Equipment Rental Program | Adaptive equipment rental program located at 1301 Valley Road Reno, NV 89512. More information at https://www.reno.gov/Home/ShowDocument?id=78609 | 775-333-7765 |